



April 24th, 2026

## Pathways to U.S. Medicine: Foundations, Strategy, and Community

**Host Institution:** Universidad Anáhuac Querétaro

**Location:** Querétaro, Mexico

### Organized by:

LATIMGS (Latin International Medical Graduates and Students)

LMSA (Latino Medical Student Association) & LMSA PLUS

### Symposium Objectives

- Highlight the importance of increasing Latino physician representation in the United States
- Provide transparent, ethical guidance on the international medical graduate pathway
- Offer medical students foundational guidance on USMLE preparation during medical school
- Support U.S. pre-medical students in exploring medical education in Latin America
- Foster long-term student engagement, leadership, and institutional collaboration



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9:00-9:30 h

### Welcome & Opening Remarks

#### Why This Symposium Matters

- The Latino physician workforce gap in the United States
- The role of Latin American medical education in global health and workforce development
- Vision for the LATIMGS x LMSA International Symposium Series

9:30-10:00 h

### Organizational Introductions

#### LATIMGS & LMSA: Building Sustainable Pathways

- LATIMGS mission and scope
- LMSA and LMSA PLUS mission and scope
- Student engagement and leadership opportunities



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10:00-11:30 h

### Core session

#### **The International Medical Graduate Pathway: Clarity and Foundations**

- Overview of the IMG pathway from Latin American medical schools to U.S. residency
- Key milestones: medical school, USMLE, clinical experience, and Match
- Common misconceptions and ethical considerations
- How pathways vary across countries and institutions

11:30-12:30 h

### Lunch & Community Networking

- Informal discussions with LATIMGS and LMSA leadership
- Open Q&A and mentorship conversations



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## Parallel afternoon tracks

### LATIMGS Track: International Medical Students

12:30-13:30 h

#### USMLE Foundations for Medical Students

- Overview of Step 1, Step 2 CK, OET, and ECFMG requirements
- When and how to begin preparing during medical school
- Balancing coursework, clinical training, and exam preparation
- High-level study frameworks and common pitfalls
- How LATIMGS supports students beyond this symposium

13:30-13:50 h

#### AMBOSS LATAM

##### Using Digital Resources Strategically for USMLE Preparation

- How to integrate AMBOSS into medical school learning
- Question-based learning and long-term exam preparation
- Avoiding common resource misuse and burnout

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## Parallel afternoon tracks

### LATIMGS Track: International Medical Students

13:50-14:10 h

#### OET Representative Session

##### English Proficiency for U.S. Medical Practice

- Understanding the OET requirement for ECFMG certification
- When to take the exam during medical training
- Preparation strategies and common mistakes

### LMSA PLUS Track: U.S. Pre-Medical Students

Salón 505, edificio ABI

12:30-14:10 h

#### Medical Education at Universidad Anáhuac Querétaro

- Overview of the medical school curriculum
- Admissions process and requirements
- Student life and clinical training model
- Honest discussion of pursuing U.S. residency as an international graduate
- Guided campus tour



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14:10-14:45 h

### Closing Session (Joint)

#### Community, Leadership, and Long-Term Engagement

- Why professional community and mentorship matter
- Leadership pathways within LATIMGS and LMSA
- Opportunities for continued involvement beyond the symposium

14:45-15:00 h

### Closing Reflections & Future Editions

- Key takeaways
- Introduction of the annual rotating LATIMGS x LMSA symposium model
- Invitation for future host institutions across Latin America